

EVENING SEMINARS FOR PARENTS AT THE GLEN ROCK OFFICE

TIME: 7:30 - 9:30 PM
SPRING 2010
(See dates below)

TUITION: As below + \$5 registration fee
Each seminar: \$20 per person or \$35 per couple
Any 3 seminars: \$50 per person or \$90 per couple
All 4 seminars: \$60 per person or \$100 per couple

P - 1 ANXIETY AND THE GIFTED CHILD: HOW PARENTS CAN HELP THEIR CHILDREN COPE

Dr. Amanda Klein

Tuesday, March 16

Some level of anxiety is normal for all children and it keeps them motivated to achieve. For gifted children, anxiety may often be intense due to their perfectionist tendencies. This workshop will help parents identify when their child is experiencing too much anxiety by examining its frequency, intensity, and duration. A step-by-step guide which includes breathing, progressive relaxation and cognitive restructuring will be introduced and discussed. Parents will leave this workshop with tools that they can use to help their gifted children cope with the stress in their daily lives.

P - 3 STRATEGIES FOR PARENTS TO INSPIRE MOTIVATION IN THEIR GIFTED CHILDREN

Jennifer Hoffman

Thursday, April 29

For young and older gifted children alike, motivation may falter due to unrealistic expectations, lack of rigor and relevance in school curricula, or the absence of creative options to display their knowledge. This workshop will help parents understand the nature of motivation and how to model behaviors to inspire motivation in their children. Strategies will be presented for parents to help their children stay motivated in school and beyond. After participating in this interactive workshop, parents will have a toolbox of techniques to assist their gifted children in maintaining motivation in their academic, creative, artistic and social pursuits, be more passionate about their learning experiences, and enjoy their journey as life-long learners.

P - 2 THE FRIENDSHIP FACTOR

Dr. Brenda Marshall

Thursday, March 25

The friendship factor investigates the importance of friends for the gifted child, and discusses theories related to gifted behavior and relationship building. Dr. Marshall also presents strategies to increase your child's EQ and social competencies. Learn how to construct the home environment that will nurture your gifted child's social/cognitive skills and increase the quality of his/her relationships.

P-4 CULTIVATING EQ IN GIFTED CHILDREN

Dr. Brenda Marshall

Monday, May 3

The focus of this seminar is on fostering positive parenting skills and strategies. From risk to resiliency -- how parents can help to reduce their gifted child's risk of social isolation and increase the potential for successful social connections and interaction.



REGISTRATION FORM FOR ACTIVITIES AT THE GLEN ROCK OFFICE

Name: _____ Daytime Phone: _____

Address: _____
Street Town Zip Code

Code of Seminar(s): _____ Name(s) of Seminar(s): _____

Please enclose tuition + \$5 registration fee with registration. Optional \$40 annual family membership fee may be enclosed by those wishing to become members of the Gifted Child Society. ****There will be no refunds for missed seminars.**

Total amount enclosed _____

Make check payable to Gifted Child Society, Inc. Return to: Gifted Child Society, 190 Rock Road, Glen Rock, NJ 07452