

EVENING SEMINARS FOR PARENTS AT THE GLEN ROCK OFFICE

TIME: 7:30 - 9:30 PM
SPRING 2009
(See dates below)

TUITION: As below + \$5 registration fee
Each seminar: \$20 per person or \$35 per couple
Any 3 seminars: \$50 per person or \$90 per couple

P - 1 GIFTED CHILDREN: FROM EARLY CHILDHOOD TO YOUNG ADULT

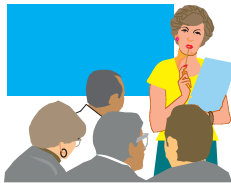
Bryan Granelli, Ph.D. **Wednesday, March 25**

Explore the issues facing gifted children and their parents from early childhood to young adult life. Gifted children, like all children, go through a variety of stages on their passage to adulthood. They face some critical issues that interact with their giftedness in such a manner as to raise concerns. Explore some of these issues from a psychological/emotional point of view. Special emphasis will be given to key life transitions for intellectually gifted children.

P - 3 ANXIETY AND THE GIFTED CHILD: HOW PARENTS CAN HELP THEIR CHILDREN COPE

Dr. Amanda Klein **Monday, April 13**

Some level of anxiety is normal for all children and it keeps them motivated to achieve. For gifted children, anxiety may often be intense due to their perfectionist tendencies. This workshop will help parents identify when their child is experiencing too much anxiety by examining its frequency, intensity, and duration. A step-by-step guide which includes breathing, progressive relaxation and cognitive restructuring will be introduced and discussed. Parents will leave this workshop with tools that they can use to help their gifted children cope with the stress in their daily lives.



P - 2 THE FRIENDSHIP FACTOR

Dr. Brenda Marshall **Thursday, March 26**

The friendship factor investigates the importance of friends for the gifted child, and discusses theories related to gifted behavior and relationship building. Dr. Marshall also presents strategies to increase your child's EQ and social competencies. Learn how to construct the home environment that will nurture your gifted child's social/cognitive skills and increase the quality of his/her relationships.

P-4 BIOFEEDBACK & IMPROVED PERFORMANCE STATES

Bryan Granelli, Ph.D. **Wednesday, May 6**

This session will offer an introduction to biofeedback and EEG neurofeedback. Applications for use with gifted children will be reviewed with attention given to enhancement of cognitive performance and other benefits.

P-5 CULTIVATING EQ IN GIFTED CHILDREN

Dr. Brenda Marshall **Thursday, May 7**

The focus of this seminar is on fostering positive parenting skills and strategies. From risk to resiliency -- how parents can help to reduce their gifted child's risk of social isolation and increase the potential for successful social connections and interaction.



REGISTRATION FORM FOR ACTIVITIES AT THE GLEN ROCK OFFICE

Name: _____ Daytime Phone: _____

Address: _____
Street Town Zip Code

Code of Seminar(s): _____ Name(s) of Seminar(s): _____

Please enclose tuition + \$5 registration fee with registration. Optional \$30 annual family membership fee may be enclosed by those wishing to become members of the Gifted Child Society. ****There will be no refunds for missed seminars.**

Total amount enclosed _____

Make check payable to Gifted Child Society, Inc. Return to: Gifted Child Society, 190 Rock Road, Glen Rock, NJ 07452